

Week 3 "Five Essential Heart Challenges When We Go Through Change"

Pastor Jeff Little, September 25-26

TABLE TALK

 Select one or two "Table Talk" cards to discuss with your group.

WARM UP

What's a "you did WHAT?" that you've witnessed?

INTRODUCTION

Acts 7:39-40 (NIV)

³⁹ "But our ancestors refused to obey him. Instead, they rejected him and in their hearts turned back to Egypt. ⁴⁰ They told Aaron, 'Make us gods who will go before us. As for this fellow Moses who led us out of Egypt—we don't know what has happened to him!

This week we looked at the golden calf story in Exodus. It's a true "you did WHAT?" episode from the Bible! Yet, in the pages of this story, we find ourselves. Change can cause "you did what" moments in our lives. But God's desire is to use change to reveal what's in our hearts. Let's discuss this story today and apply it to our lives.

DISCUSSION

- 1. Read Acts 7:39-40. Why did the Israelites turn from God in their hearts?
- 2. Discuss the entire golden calf story from Exodus 32. What parts of the story stood out to you the most, and why? [If it's helpful, you can read Exodus 32:1-24 together as a group.]
- 3. God's desire has always been to have His law written on our hearts. Why do you think that is?
- 4. There are **Five Essential Heart Challenges** caused by change. The first heart challenge is when what we are waiting for takes too long. Have you ever had to wait for God to do something that felt like it took too long? Tell us about it.
- 5. The second heart challenge is that we get distracted. Why do we sometimes take matters into our own hands instead of waiting on God?
- 6. The third heart challenge is wanting what other people have. Why is comparison so dangerous?
- 7. The fourth heart challenge is losing sight of truth. Why does God give us instructions for how to live our lives?
- 8. The fifth heart challenge is turning to idols. What are some modern-day idols, and what is their draw?
- 9. Aaron tried to worship idols and God at the same time. It can't be done. Have you ever tried to do both?

APPLICATION

What is something practical God is speaking to you from this week's lesson? What do you think God wants you to do?

PRAYER

- Pray for anyone who responds to the application question above.
- Pray that God would get ahold of each person's heart at a deeper level and that we would all turn from our "idols" and seek God alone.
- Take prayer requests and pray for any needs in the group.

