

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus,

## THE CHAMPION

who initiates and perfects our faith.

Hebrews 12:1-2a NLT



Today, practice the verse together! Then say this and repeat a few times: "Champions follow the rules!"

Together, write down a few rules for your family to follow. They can be simple, but they serve as a reminder God wants us to follow His rules too!

1			
3			
4			

## **Champions Follow the Rules!**