

EMOTIONS



Week 6: I Feel... ANGRY

**Philippians 2:5 -
You must have
the same attitude
that Christ Jesus
had.**

S F V O Y L R E A Q G I B V
 F N G U L B L N D N C V F F
 E I O U U O Z I I E G I I M
 K V C I R R Y M I Z J R Z W
 U T Q T T T O A H F Z S Y Z
 L L N N E O I X E F T B Z S
 W O P W T K M E A A B B I K
 C O J K O P T E R A I N F L
 O L L Z U P H V T B N B C F
 Q I X S H G T C L T H G I R
 K K W I S E X E J M M G Q Y
 F L I S T E N S J H K Y P A

Challenge:

When things make you angry, take a moment to take a break, breathe and practice self-control!

ANGRY
EMOTION

BIBLE
EXAMINE

CONTROL
HEART

SLOW
LISTEN

RIGHT
LUKE