

UNITED

A STUDY IN EPHESIANS

Week 5 “Filled” – How Can We Be Filled with the Holy Spirit?

Pastor Steve Robinson, October 10-11

TABLE TALK

- Select one or two “Table Talk” cards to discuss with your group.

WARM UP

- In what ways do you see people seeking “supernatural” encounters in our culture today? Why?

INTRODUCTION

People often seek the “supernatural,” but did you know that God wants you to encounter Himself in a powerful way? The Bible says that we can be filled with the Spirit. Today, we are going to talk about how we can be filled with the Holy Spirit and the benefits of living a “filled” life.

DISCUSSION

1. Read Ephesians 5:18. What do you think it means to be “filled with the Spirit”?
2. In Ephesians 5:18, the word “filled” represents a continuous activity. You could translate it: “*be continually filled with the Spirit.*” Why do you think we need a continual infilling of the Holy Spirit in our lives?
3. Is there anyone here who is a little nervous about this topic? (If so, that’s okay.) Can you tell us why?
4. What are some of the deepest hurts and pains you have experienced? How have those experiences affected you in the long term?
5. We all have personal vices—things we turn to when we’re feeling stressed or sad or anxious. What are your vices, and when are you most likely to turn to them?
6. In light of our painful experiences and our personal vices, why does God want us to be filled with the Holy Spirit?
7. Have you experienced the infilling of the Holy Spirit? How would you describe the experience?
8. How can we be filled with the Holy Spirit?

Ephesians 5:18 (NIV)

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit...

APPLICATION

What is a current challenge, problem, or pain you are facing? How might the Holy Spirit be able to help you with that situation?

PRAYER

- Pray for each person in your group to be filled with the Holy Spirit this week. Also, pray for the Holy Spirit’s help with your upcoming server project.
- **SERVE PROJECT** – Last week you talked about **what** your group would do for your serve project. This week, talk about **how**—how will you meet the need? Start planning the details: When will you do your serve project, and what will each person in your group do? There’s only a couple of weeks left, and your project is going to be exciting!
- Take prayer requests and pray for any needs in the group.